

Tea Leaf by Sereni-tea

News, Recipes, and Information about Tea

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Welcome...

... to my realized vision: a tea store with a wide variety of teas and herbal infusions, a unique place to taste, learn, experience and explore the world of tea.

This business has required countless hours of creating, defining and fine tuning. Hours first spent on the computer in creating the name and the logo to speaking with potential consumers to refine my vision of Sereni-tea.

Over the past five years the US is becoming increasingly aware of the existence of high quality tea as well as the health benefits from drinking tea. All this has created a desire in consumers to consider tea as a beverage of choice. I am delighted to be a part of the growing curiosity in this country to help consumers find their taste and to educate and demystify this exotic beverage.

I am also grateful to find such enthusiasm and support for my dream from the community in Mount Shasta. This is a welcome change from the Bay Area where human interactions are increasingly becoming "transactional" and "cold". I had thought about the tea store while living in the Bay Area

but did not feel comfortable pursuing my project there. Although the business concept might have been more lucrative in the Bay Area due to greater exposure in the market place it would never have enriched my life with the level of human contact and interactions that I am sure I will receive in Mount Shasta.

I feel privileged to be here, connecting with all of you in town, and starting on a new journey together.

Tea Brewing Water Temperatures

To make a great cup of tea every time, even with different kinds of tea, we need to observe a few rules about the water temperatures we use:

Freshly boiled water can be used for all black teas, oolong teas, fruit tea blends, herbal infusions and Rooibos teas.

For white teas, green teas, half-fermented teas like Jasmine tea we use water that has been freshly boiled but cooled off for about 3 minutes.

Follow the amounts used on the tea packages for each tea.

Enjoy!



Our Mount Shasta Signature Teas (described below)

Heaven & Earth - a flavored black tea

Strawberry Valley - a flavored green tea

Relax Tea - an herbal infusion

Holiday Recipe

Earl Grey tea is a blended black tea flavored with the aromatic oils of the Bergamot, a small hard citrus fruit with a distinctive taste.

This punch can be fortified with dark rum, if desired.

Earl Grey Punch

From the book:
Tea - discovering, exploring, enjoying
by Hattie Ellis

2 Tbsp. Earl Grey Tea -
infuse with 1 ¼ cups of fresh
boiling water for 4 minutes

Juice of 1 lemon
1 ¼ cups orange juice
1/3 cup apple juice
1 cup ginger ale
1 tbsp. sugar
2 sprigs of mint
10 ice cubes -

add all ingredients into a pitcher,
stir to dissolve sugar, add the tea
and the mint.

Let cool, then chill in the refrigerator.

Makes about 1 quart.

Serve over ice and enjoy!

The Quality of Our Teas

Our primary supplier is a new entrant in the US market from Germany - they have over 165 years of experience in tea import trade and creation. Although their teas are not certified organic in the

US there are strong laws and regulations about the processing of teas in Germany and are controlled for a minimum amount of pesticides by law. There is no comparable quality control in the US. Finally our primary supplier has an even more stringent in house laboratory which allows only the best teas to pass for production. We only sell high quality merchandize with ongoing control and testing.

Our Mount Shasta Signature Teas:

Heaven & Earth:

A flavored black tea with petals of sunflowers, roses, corn flowers and safflowers - a delicious and beautiful tea for all senses.

Strawberry Valley:

A flavored green tea with petals of roses, cubes of papaya and pineapples and freeze-dried strawberry pieces - a tea made for angels.

Relax Tea:

A caffeine free, relaxing blend of botanicals with chamomile, lemon myrtle, jasmine blossoms, peppermint and lavender - brew a cup of this infusion and do as our town motto proclaims: Relax!

